

Reach the cycle path (fenced off from the road). Easy path home (especially if on a bike).

Start / Finish (Chapelton)

Turn right at the small car park.

10 yards after this fence post take small path on right. After another 5 yards (!) merges with another path.

Single track but good clear path. Rooty and undulating.

Come to track and turn right then immediately left.

Good path – one or two steep but very short hills

Drop down and turn left at an obvious large track

Not such an obvious turn, but is a very sharp right hander onto a more overgrown track.

Unexpectedly pops out above the loch. Track ends. Path drops steeply towards the loch (if on bikes can easily end up in the loch!). Follow path to the right. Stunning spot for a picnic (or a swim to retrieve your bike!)

Path is rooty with lots of twists and turns between Scots pine and silver birch. Optional detour out along peninsula (leth-eilean in gaelic).

Path becomes less clear as it climbs up from the Loch. Cross a fence (watch for broken wire on ground). Expect path to be evident but a bit of a bushwhack through bracken late in season.

Path unexpectedly pops out at a good track. Immediately opposite is a fallen tree. Great for playing gladiators on! Danny Macaskill wanabees can cycle across! Turn right at track (left turn is dead end but takes you back to the loch at a boat house).

Locked gate with paths either side. Turning left requires a short section along the main road but is quicker. Turning right will lead back to the end of the first section of single track path.

Through a gate to the main road. There is 0.25 miles along the road to the cycle path (keep to right hand side to face the traffic).



Look out for the anthills – do not disturb please

